

2022 ND Wing Emergency Services Academy

Packing List for Attendees

The focus for this event is hands-on learning of emergency services skills, primarily related to Ground Team Member and Ground Team Leader. This is not an encampment environment where there will be daily inspections or a need to maintain bunks with hospital corners. Cadets and seniors should only pack the necessary gear they need for the weekend to reduce luggage in vehicles and in the barracks. Also, there is no expectation that members spend significant sums to procure specialized gear to fill an entire 24- or 72-hour pack, that won't be required for this event.

- 1 ABU uniform (complete)
- 2 pair underwear (including bras for females)
- 2 pair black boot socks
- 2 tan/sand colored shirts
- 1 PT shirt
- 1 pair PT shorts/pants (depending on weather)
- 1 pair PT socks
- 1 pair PT shoes
- 1 sweatshirt (weather dependent)
- *PT gear is for wear in evenings after completion of training

- 1 pair of heavy-duty gloves (leather working or gardening gloves are perfect)
- 1 1-qt (32 oz) canteen or water bottle
- 1 30 SPF or higher sunscreen
- 1 bottle insect repellent (depending on weather, not needed after first frost)
- 1 signal mirror
- 1 compass
- 1 notebook
- 2 pens/pencils

- 1 sleeping bag (or sheets and blanket for twin sized mattress)
- 1 pillow
- 1 pair shower shoes
- 1 towel
- 1 shaving kit (males)
- 1 stick deodorant
- 1 bar soap
- 1 bottle shampoo (can be travel sized)

FORMS

*Cadets must bring these completed forms in order to participate in the ES Academy

CAPF 60-80

CAPF 160

CAPF 161

CAPF 163